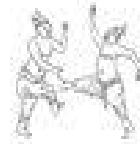


NEWSLETTER

CHOMIC COMBAT KARATE

ISSUE NO 2 | FEB - 2025 | VOLUME 2



FEBRUARY

What is celebrated for the month of February?

February is the second month of the year in the Julian and Gregorian calendars. The month has 28 days in common years and 29 in leap years, with the 29th day being called the leap day. February is the third and last month of meteorological winter in the Northern Hemisphere.

What are holidays are celebrated in February?

You may be surprised to learn that along with those standouts, there are a host of other February observances and notable happenings including Groundhog Day, National Freedom Day, Washington and Lincoln's birthdays, the Super Bowl and Black History Month among many others.



Have You Done Your Karate Homework?

Most students don't think of the dojang as a school. Maybe that's because they have so much fun!

But the fact is it a classroom, with an instructor, and lessons to be learned. The only way to master those lessons is through **PRACTICE!** Not once or twice a week... but every day! If you practice every day for 10 - 15 minutes you will master the basics of Tang Soo Do.



AUGUSTINE
Karate Dojang



NO RETREAT IN **BATTLE**

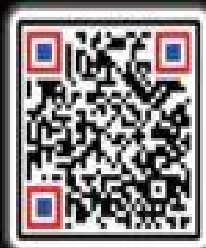


PRESENTS



2025 US NATIONAL CHAMPIONSHIP | AUGUST 1-2, 2025
OCEAN CENTER 101 N ATLANTIC AVE, DAYTONA BEACH, FL 32118

SCAN QR CODE
TO REGISTER



THIS EVENT IS PROUDLY
HOSTED BY:



FOR MORE INFO VISIT:
WORLDTANGSOODO.COM

We Are Moving!

We are moving our daily operations to!!!

**MILL CREEK
ACADEMY**



We will begin at our new location on

March 3rd

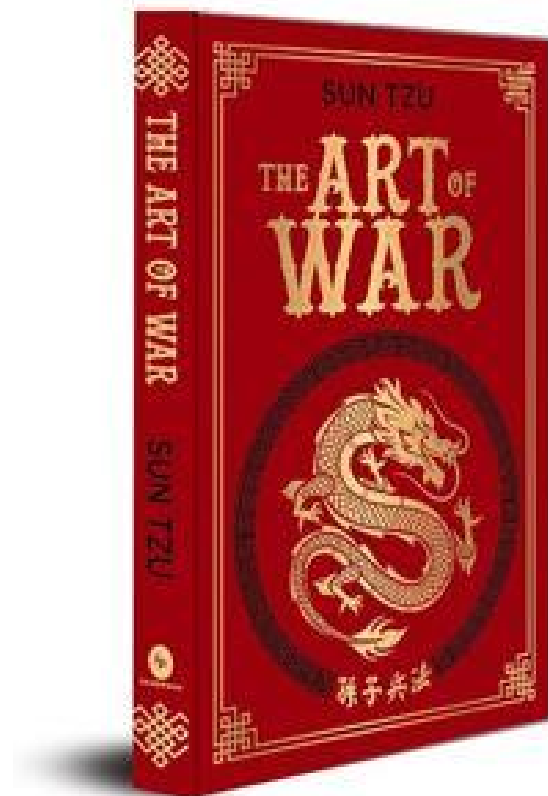
**We are working on the new schedule,
and it will be out very soon.**

YOUR INSTRUCTORS



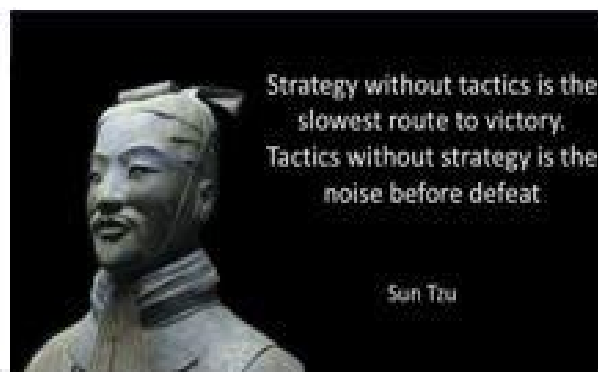
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Book of the Month



The Art of War is an ancient Chinese military treatise dating from the late Spring and Autumn period. The work, which is attributed to the ancient Chinese military strategist Sun Tzu, is composed of 13 chapters.

The art of war teaches to rely not on the likelihood of the enemy's not coming, but on our own readiness to receive that enemy; not on the chance of the enemy not attacking, but rather on the fact that we have made our position unassailable.



唐手道

World Tang Soo Do Asst. (WTSDA) & Regional (R21) Events:

- 1) **WTSDA: U.S. National Championship 2025 – Battle at the Beach!**
 - a. Hosted by Region 21
 - b. Ocean Center 101N Atlantic Ave, Daytona Beach, FL 32118
 - c. 2025 August 1st – 2nd
 - d. Registration is **NOW OPEN!**
- 2) **R21: Spring Clinic & Black Belt Test**
 - a. Hosted by Rock Solid Karate
 - b. Flowery Branch, GA
 - c. April 25th – 26th 2025
 - d. April 27th – E Dan and higher, black belt training
 - e. Registration is **NOW OPEN!**



Chomic Combat Karate (CCK) Events:

- 1) **Gup Test: Heritage Landing Amenity Center – All Belts**
 - a. February 8th (Saturday) 2025
 - b. Examiners: Mr. Chomic & Miss AnaBelle
 - c. Proctor: Miss Larson
 - d. Assistants: Mr. William, & Mrs. Penaherrera
 - e. Time: 11:00am – 3:00pm (No Class)
 - f. All testing paperwork is due NLT COB January 24, 2025
 - g. All Warrior Points are due NLT COB January 24, 2025
 - i. No More Warrior points will be accepted after the 24th
- 2) **Tiny Tiger & Little Dragon Test: Heritage Landing Amenity Center**
 - a. January 30th (Thursday) 2025
 - b. Examiners: Mr. Chomic & Miss AnaBelle
 - c. Proctor(s): Miss Larson
 - d. Assistants: Mr. William
 - e. Time: 5:15pm – 6:00pm (No Class that day)
 - f. All testing paperwork is due NLT COB January 23, 2025
 - g. All Warrior Points are due NLT COB January 23, 2025
 - i. No More Warrior points will be accepted after the 23rd



CCK Closures for the Month:

- 1) February 10th – HOA Meeting
- 2) February 6th – Book Club
- 3) February 13th – CDD Meeting



Master Warriors Schedule:

1st Friday – Instructor Training Program (ITP) Meeting:
Meeting/Training/Promotions in ITP Levels & Status

2nd Friday – Weapons Training: FAN

3rd Friday – Leadership Class: In-depth view of the purpose of Tang Soo Do training, Goal Setting, and much more...

4th Friday – Sparring Seminar: Half class: training, & half class free sparring or team sparring



Masters Club Notes:

If you are unable to attend your ITP day, you are required to find another ITP Instructor to replace or trade with you for that day. See the Chief Instructor for more information. The wear of your Masters uniform is required when you are participating in a Master Club activity (ITP days, & all Fridays).



What is Masters Club & Are You Interested?

This program is for CCK's dedicated students that would like to learn at an advanced level of training. This level of training does not remove the basic program of CCK, rather it enhances it. If the student qualifies to enter this program, they will have access to a higher level of sophisticated training. See your friendly CCK representative for more information.

Curriculum for the Month:

Week 1: Gup & TT/LD - Test Preparation (Roll & Falls, Breaking, & Sparring)- Open Mats on Wednesday & Friday:

Week 2: Gup & TT/LD - Review prior curriculum and drill in basic stances/marching

Week 3: Gup & TT/LD - Review prior curriculum and drill in basic stances/marching

Week 4: Gup & Tt/LD - Teach next set of Hands & Kicking Techniques while reviewing previously tested material



SAH BUM NIM (Teacher) Notes:

Discipline is the key to your success! Discipline over motivation is the idea that being disciplined is more important than being motivated because it allows you to make progress consistently. Discipline helps you maintain structure and determination, even when your motivation fluctuates.

師範



Proshop

PRODUCT OF THE MONTH! – CCK Lapel Pins are 15% off! See your CCK friendly staff for purchasing information.



GET YOURS TODAY!!!

Important Notes:

- 1) **Attendance!** Do your best to maintain attendance (2-days/week, 24-days/testing cycle) while enjoying the holidays. When you are home enjoying family/friends, breakaway to practice. Just 15 minutes a day will keep you on track for your next belt test. It will also, keep you sharp in case you are forced into a self-defense situation. Warriors never stop practicing...
- 2) **Follow us on Facebook, & Instagram.** Just type in our studio's name; contribute & enjoy!

Tang Soo!